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Reid = Riding is the sitter's joy  
a swift journey and the steed's toil

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Purs = Giant is woe to women  
the cliff-dweller and death-knower's  
husband

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Kaun = Scar is the children's scourge  
the battle's mark and canker's seat

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Ur = Shower is the clouds' weeping  
the hay's ruin and the shepherd's hate

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Fe = Wealth is a kinsman's contention,  
the sea's flame and the slitherer's track

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Ar = Plenty is men's blessing  
a good summer and a richly grown field

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Yr = Yew is a bent bow  
brittle iron and the giant's dart